

Resources for Eating Disorders

- 1) http://kidshealth.org/kid/health_problems/learning_problems/eatdisorder.html
- 2) <http://www.anred.com/prev.html>
- 3) <http://www.empoweredparents.com/>
- 4) <http://www.eatingdisordershelpguide.com/prevention.html>
- 5) Book: Intuitive Eating by Evelyn Tribole